



Feng Shui
Your Desk For
Prosperity

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Welcome to Feng Shui Your Desk for Prosperity.

Feng Shui is a powerful force that can alter the environment at home, work and almost all areas of life by following simple principals.

Today we will focus upon enhancements and changes that will positively affect prosperity in your life by addressing the flow of prosperity on your desk. Feng Shui can be beneficial and is often used to help remedy a number of different issues. It can help create calm in a home or office that is chaotic and stressful, the result of too much energy within the space, it can also energize a space with not enough energy flow which can result in an overall feeling of lethargy. Its principals can even be employed to alter the environment for children and adults with special needs and life and learning problems. It is used in my Step By Step to Sold Programs along with staging to help prepare a home for sale and of course applying its principals can enhance wellness physically and spiritually, in any home or office.

This program is an introduction to practical Feng Shui which works within the existing space to make enhancements and address problems. I have a number of Feng Shui programs available including a free report *Feng Shui for Special Needs* which focuses upon changes that may help children and adults with ADD, ADHD and autism as well as other life and learning challenges. Those as well as other free reports are available to you as part of Total Home Solutions newsletter. Please take advantage of those free resources provided.

Let's begin.

Many of the changes you make to enhance the flow of prosperity on your desk involve clearing or simply moving items to particular places on the desk. There are also items that can be added to further enhance the flow of prosperity and I will include details on the items and specific directives on what items work best.

You may spend many hours daily at your desk we need to create a space that motivates and empowers you as well as enhances the flow of money.

First let's speak a bit about what Feng Shui is and is not because there are many misconceptions about Feng Shui.

Feng means way of the wind and Shui means water. Feng Shui is a Chinese practice based upon the five earth elements of water, wood, fire, earth and metal. The practice is thousands of years old and follows the belief that everything has energy even if you can't always see it. Take water as an example. When you place water in a pot it is visible, heat the water and it evaporates. The water is still present but has changed to a form invisible to the eye. Energy is the same. There is energy flowing all around us each and every moment we may not see it but we do feel it. That energy affects not only the way we feel, but clarity of thought, quality of our work, it affects us emotionally and physically. Living within a space that has lethargic energy or chaotic energy does not allow us to be our best.

Feng Shui seeks to balance those energies within a space to enhance calmness, wellness and assure good fortune and prosperity to the person residing within the space.

In a home, that balance is affected by different factors within the environment. Things such as type, amount and placement of furniture, object association and placement, color and clutter both physical and emotional can affect the balance of energy within a room. Remedies can then be applied that will correct unbalanced energy. Contrary to popular belief it does not involve Oriental furniture or decoration and has no association with religion of any kind.

A balance, ying and yang of the energy is what we seek to achieve a gentle flow of energy, much different than a stagnant pool of water that would be lethargic energy or a raging river which would be swift moving energy. Above all rely on how you feel to guide you in changes you will make. Once the negative energy is dispersed you will begin to notice that you are feeling differently, more calm and

relaxed. This is when you can begin to rely on your feelings to instinctively guide you.

Are you still having trouble embracing the concept? Then consider neuroarchitecture which is the scientific study of what we know Feng Shui achieves. In my study of neuroarchitecture I have found that it is simply a scientific affirmation that changes in the environment with regards to color, placement of objects and light actually do affect us and neuroarchitects are now applying those principals in designing places of worship, sports arenas and retail stores. This is just simply a confirmation of the principals understood in the Far East for centuries. So if you feel more comfortable with a more scientific name by all means think of it as neuroarchitecture.

When addressing an entire home we work room by room cleansing, clearing any clutter and addressing enhancements, removals and placement. Working with your desk the process will be quicker but because of the small area in which we are working each specific and defined space on top of the desk will become important.

We cannot address the desk without first addressing the room in which your desk is placed and the actual placement of the desk.

Placement of your desk in the room is very important. In many instances the placement cannot be changed. Optimum placement is with your back to a solid wall, if your back is to a window your creativity and finances will flow out too easily, the best location is the desk placed opposite corner facing the door. You should never sit with your back to a door or facing a wall if there is any way to avoid this position.

Remedy for placement of a desk that cannot be moved is as follows:

If the desk placement has your back directly in line with a window and it can't be moved slightly either way as to be back to a wall, if possible place a window covering on the bottom half of the window. We want to allow as much natural light as possible without having your back exposed to the window.

If placement is directly with your back to an open door then keep the door closed or at the very least partially closed to create a barrier. If you are facing a wall with your back to the door then place a mirror in front of you so that you can see someone approaching you from behind.

If you are in a cubicle with no back is there any way to turn your work space or place a file cabinet, bookcase or a tall green plant, live or silk, to allow your area to be partially enclosed?

The worse case scenario is the front of your desk facing a common wall with the toilet on the opposite side. In Feng Shui water that moves swiftly from the house and takes with it energy and money. In all areas of the house drains, toilet tops and sinks should all be covered when not in use and the doors to the bathroom always remaining closed. In the instance with a desk facing a common wall with the toilet every possible solution should be taken to move from this particular location.

Look at the floor in your office. Are there stacks of files, papers and projects, clutter on the floor impede the flow of energy and need to be addressed? Purchase additional filing cabinets, crates or boxes to place the clutter. Even stacks placed upon tops of cabinets are not optimum for the energy to flow freely.

In many instances you may not have control over the space especially if you are sharing an office either at work or at home but if you have some input you will want to pay attention to the entire area.

Notice the artwork you can see from your desk. Does it inspire you? The colors for Feng Shui prosperity are red and gold. Are the colors in the artwork and accessories reflecting those colors? If your surrounding decor does not blend with the red and gold there are ways to add these colors without redecorating the entire area and will be discussed as we move to adding enhancements.

Have you ever heard of a clearing of bad energy, also known as a cleansing? A cleansing of a home is a ritual to clear out bad residual energy and should be done before we begin working on your desk.

I perform cleansings regularly throughout each room of my entire home. It is accomplished by using sandalwood incense (preferably from Japan, China or India because it is much stronger). Light the incense and move it in circles high and low around the room, especially in the corners. After completing, open the windows or turn on a ceiling fan or use a small fan to allow fresh air to enter the area and whisk away the bad energy.

Let's first look at the desk itself.

If you will be purchasing a new desk the optimum is a U or a kidney shaped desk with rounded corners and open legs. We can work with another shape by adding a green plant to soften the hard edges. If there are many hard surfaces, wood flooring and metal cabinets in the area try to soften some of the hard cold surfaces by adding a fabric chair, rug under the desk and draperies. In my home office I place cloth placemats in the center middle of the desk top I also keep a wrap on the back of my office chair to soften the hard surfaces. This wrap also serves to cover my computer when I am not working on it.

The composition of the desk is also important. Wood being an earth element is optimum. If the desk is metal, glass or mirror top then adding greenery either silk or real is a very important remedy.

Cables and power cords are unattractive and need to be corralled within tubes that can be purchased at hardware as well as office supply stores. They are specifically for the purpose of bundling multiple cords and cables.

Computers give off an electromagnetic field even when powered down and that energy negatively affects us. The many hours of exposure to those invisible energy fields can take an enormous toll on our well being. A green plant will not only serve to soften the hard surfaces but counteract some of the negative effects of the electromagnetic field.

In my office I have chosen to place my printer, television, charging stations for my phones, anything electric with the exception of my computer into the closet so I can close the doors lessening the effect of the electromagnetic field. I also place a throw over my computer screen when I am working at my desk. Use caution that your computer is off and does not overheat and remove the scarf when leaving your office.

Even though the clutter within drawers is hidden your subconscious knows it's there. Please clean and organize your drawers at your first opportunity. Use drawer organizers for pens, clips. This would be an opportunity to have fun with your containers. Colorful and interesting baskets and plastic dividers will keep clutter at bay while bringing a playful unexpected treat when you open your drawers.

Light within the room is important. Natural light is the best; avoid fluorescent and halogen light if possible. I have placed a lamp with capiz shells on my desk. When the wind blows it creates a beautiful calming sound while the light serves the purpose of task lighting.

The first step will be removing everything and cleaning and polishing the surface of your desk.

Please locate the desk Bagua map included in this document and I will give you some suggestions for optimum placement of items we will be returning to your desk top. Of course this is simply suggestions for the best Feng Shui flow. Please follow as many as is feasible for your situation.

Look at the Bagua Map and visualize the surface of your desk.

Do not replace any of the following objects: scissors, stapler, letter openers or anything sharp. These will need to be stored in a drawer or in a basket off the top of your desk. Do not replace plants with dead leaves, broken items (fix or repair before returning), pictures of friends or relatives who you do not have good relationships with and items with negative energy attachments such as a gift from someone you no longer are with or care for.

Let's begin with **Wealth and Abundance** in the upper left corner. This is the most important section on your desk for the flow of money in and out of your life to remain balanced. Removal and enhancements are particularly important in this section.

To stimulate your wealth place a small water fountain if room allows or a small bowl with a fish. The water must remain sparkling clean and for fountains flow freely, running as often as possible. This corner should hold something of value; a crystal vase, luxurious tray or a pricey statue. Additions can include a lamp with a red bulb, a gold bowl with I-Ching coins (covered ahead) and a mirror behind a plant of fountain to double the good energy. A red intention box with writings of abundance (never more than three intentions within the box,) choose the colors of gold and red for items if appropriate for your decor.

Never allow garbage, food wrappers, empty beverage cans, dirty or stagnant water or dead leaves or flowers to remain in this area.

Family section

We should all have fond feeling for our family. Take the good in and discard the rest. Family can refer to anyone very close to your heart, friends, neighbors and coworkers can all be considered family. On your desk this area should be energized to attract strong family connections. Place pictures of happy occasions and people you love especially when placed in wooden frames, healthy green plants, silk or real. Remove pictures of family members that drain your energy or make you feel guilty. This area should never contain anything dead like leaves of a plant or dead flowers.

Understanding and Wisdom section closest to you on the lower left portion of your desk should contain items to enhance your knowledge and wisdom. Keep this area clear of all items that do not add to your knowledge in this area of study. Remove books and movies strictly for entertainment. Place books by Einstein and quotes by Buddha, people you wish to emulate and study.

Fame and Reputation is next and this section in the center middle and is an area of strong intention. Place pictures of people you admire or aspire to be. This area should also contain your business cards in a red or gold holder. Place a lamp or red candle and a plate with your title if appropriate. Remove anything to do with dishonesty, address books with subjects of disloyalty or dishonesty. This area should contain no water or fountain because the element the element for this area is fire, water would douse the fiery passion created.

Health section in the center middle of your desk is the next area to address. Within this area you should place a symbol of peace and health, maybe a statue of Buddha or a fresh piece of colorful fruit for you to eat each day. Again care should be taken to have anything dead residing in this area. Leaves from plants and dirty stagnant water will have a negative impact upon your life. This area should reflect vibrancy and energy allowing you to prosper.

Career section center closest to you should be the location of your computer and keyboard you may also add a decorative mouse pad or a notebook in red to record your career goals and aspirations. If you derive your income from the use of your computer adding I-Ching coins under the keyboard will enhance the flow of money. As in all other areas keep dead and items with negative energy attachments away from this area.

Relationship and Love section in the upper right hand side should contain fresh flowers and a picture of you and your partner or spouse in a happy time. Different than the family section this area enhances current romantic relationships and enhances your future relationships. Items such as stones, intentions boxes with intentions for love (remember no more than three at one time) and books about love in this area of your desk will enhance your love life and strengthen your relationships. Remove anything remaining from past relationships, pictures, gifts, or mementos and any pictures of you alone. Additional enhancements would include crystal vases with red or pink flowers or a romantic card you received from a current.

Creativity and children section middle right on your desk is an area that spurs creativity. Place books you want to read and colorful note pads and a mug filled with colorful markers or colored pencils and inspiring quotes. Remove clutter or failed or unfinished projects that will stall your creativity for new and exciting projects.

Helpful friends which is the section on your desk that is in the right side closest to you. This area should house your telephone (place I-Ching coins under the phone if you make your income with the phone) and rolodex. Helpful friends enhances guidance from both people you know personally those close to you like family and friends but also people you may not know personally. Inspiring people who may not even be living but can still help you through their teachings, both inspirational and spiritual. Enhance this area by placing not only your phone and contacts rolodex but by placing books, articles and pictures of those who you wish to help inspire you. You can also place a healthy plant and a lamp. Keep this area clean and clear of clutter while removing photos of people who bring negativity and deplete your energy.

Let's move onto some enhancements:

Gold Coins: Gold coins, or I-Ching coins are used to bring wealth, prosperity and good fortune. I prefer the style with three coins bound together by red ribbon or thread which serves to bind your prosperity together. Place these coins in areas to promote wealth wherever your income is coming through like your computer, laptop, and phone or contacts on your rolodex or even by laying your phone on them when not in use.

Intension Box: I believe in using intentions to call to my life results that I am looking for with goals and aspirations. Energy follows your thoughts and actions and will further strengthen those intentions. I use a couple of intention areas in my home. On my desk I chose a small box, preferably in red and gold (I purchased mine at Pier One). They are about 3"-4" inches in size. Inside I place my intention and that intention is dependent upon which area I am looking to enhance. Since the purpose of this paper is prosperity I would place the intention box in the wealth and

abundance section and it would read something like "I wish for wealth and success", "I call to my abundance in income" and "I will find success and wealth in abundance". Writing in red ink enhances the timeliness in the request. Never place more than three intentions within the box.

Water feature: Fountains can be integrated into any décor the amazing sound of water can calm the beast within all of us– water is an earth element and the principal of using water as a solution to unbalanced Feng Shui can be achieved with a fountain, a small bowl with fish or a vase with flowers. Make certain that the water is always kept sparkling clean and with the fountain flows freely creating a pleasing sound.

Mirrors: Mirrors will double whatever they reflect. If it is clutter, it will double the effect of the clutter in the room which is bad Feng Shui. If it is a green plant it will double the good Feng Shui energy from the plant. Mirrors should be clean and in a frame – no sharp or exposed edges – and have the surface unbroken by lines, bevels or cracks. It should not distort an image or reflect clutter. Placing a mirror flat on the desk will direct the energy upwards towards the ceiling and defeat the purpose. Only use a mirror on your desk if it can be placed on a wall and pay attention that it will reflect items of good Feng Shui.

Plants: Live plants are preferred because they disperse stagnant energy, remedy slow or fast moving energy, and clear the air of toxins. Silk is acceptable but realize silk does not produce energy; just adds color. Do not use cactus or plants with pointed or sharp leaves. Dead leaves need to be removed immediately and whether it is silk or live it must be kept clean and free from dust on the leaves.

The color RED! Red is the color of prosperity and is important in Feng Shui. You can easily add red enhancements without changing your decor. The decorator in me does not like to have to have items that simply do not coordinate. So I wanted to give you some of the ways that I use red to enhance my prosperity without having any red as a decor color.

Write with a red marker, especially when writing goals or intentions, choose a red notebook to write in, use a red intention box, red fresh flowers for your vase, a red votive candle inside of a solid color candle holder, use a red coffee mug to drink out of and a red phone sleeve, choose a red pashnina to place over your chair or computer or a red placement to work on at your desk. I also write myself a payroll check and place it in a red envelope for at least one day before I deposit it.

I hope this has given you some insight into the way Feng Shui works and how it can positively enhance your life. Please check out both the free articles available as well as the programs available that will serve to enhance prosperity in your life.

My wish for you as always is a life filled with love, peace and happiness.

Blessings,

Kim

Wealth and Abundance	Fame and Reputation	Relationship and Love
Family	Health and Balance	Children and Creativity
Understanding and Wisdom	Career	Helpful Friends



Chair Placement