

What is Feng Shui?

Feng Shui is the Chinese art of arranging objects within an environment to achieve energy, harmony and balance.

Is Feng Shui a religion?

Feng Shui is not a religion and you don't need to embrace oriental design elements to incorporate the principals of Feng Shui into your life.

What does Feng Shui mean?

The translation of Feng Shui is as follows:

Feng (pronounced Fong or Fung) is "the way of the wind"

Shui (pronounced Schway) is water "the natural force of the universe"

What is Feng Shui?

Feng Shui has been practiced for thousands of years and is derived from the Chinese concept of ying and yang or balance of all energies. Everything has energy and that energy is moving around us constantly. Fast moving energy creates unsettled feelings as well as chaos and stress, slow moving energy causes a heavy depressed feeling, one of being bogged down as well as lethargy. The optimum result and what we are striving for is balanced energy creating a feeling of peace, serenity and calmness. Use of color, placement of furniture and objects as well as remedies for problem areas are the tools for creating the desired results.

What proof is there that this stuff works?

I know that people are skeptical but there is a scientific study of the effects that our environment has upon how we feel, concentrate and how our emotions are affected by our environment. There is even a college degree you can receive in this study called Neuro-architecture.

In addition to the above scientific studies is the fact that restaurants, malls and hospitals are now using these principals to make you eat more, spend more and heal more quickly. In my thinking when business adapts a principal to manipulate our habits it is probably something that works or they wouldn't spend time and money on altering their environments.

What are Feng Shui Elements?

There are five Feng Shui elements; water, wood, fire, earth and metal and each element has it's own distinct energy. Elements can be looked at individually and how they combine with other elements. They can harmonize with, enhance, remedy and oppose with other elements as well as cause different results in the nine centers of your home.

What can I hope to accomplish by applying Feng Shui Principals?

There are many ways to rectify problems with energy flow and enhance the good flow and the feeling of a home, office or basically, any environment. Some of the most common are: create a more peaceful and calm home, reduce stress and tension while improving health and well-being, help with

the ability to concentrate for people with learning and life challenges, enhance the flow of prosperity (money), improve relationships, improve creativity and enhance learning.

What kind of things would I need to do?

The changes that you need to make and remedies to address problems are simple and inexpensive and many times at no cost. Clutter clearing is a big one along with placement of furniture and the attachment to objects you have in your home. Enhancements may be as simple as adding a crystal, attention to mirrors and their placement, wind chimes, plants, water features, wall color and artwork.

Enhancements are specific to certain areas of your home, desktop or area you are applying them in. Some enhancements placed in the wrong area can make an area worse so refer to a Bagua Map when using enhancements. A simplified Bagua map detailing the energy centers is included with all Feng Shui Virtual Programs.

How would I use Feng Shui to help sell my home?

I have personally used Feng Shui in all areas of my home, office and life. It is especially helpful to use Feng Shui principals when preparing your home for sale and have a virtual program available that is specifically for preparing your home [Feng Shui To Sell](#) for everyone who wants the benefit of using both staging and Feng Shui.

Every house holds the imprint of the people who have lived in it, especially if it has been imprinted with bad energy. Divorce, death, stresses and circumstances of life, even from prior homeowners, these can leave remnants of their energy on your home. Feng Shui clearing and principals can eliminate some of the effects upon the quality of your environment. These can be easily and quickly accomplished.

I hope this answers a few questions about Feng Shui. Each area is covered in more detail within the programs [Feng Shui to Sell Your Home](#) and [Feng Shui to Live](#).